

Recommended aftercare by Dr Atia for best results and patient comfort

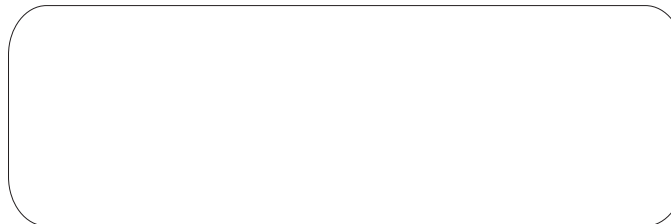
- Have a shower at home after treatment as many people report they feel as if they just worked out. Most people feel relaxed and report a general sense of well being.
- Drink 8 glasses of water after treatment. If for any reason you feel light headed, drink some more water or have a lipoblast pro shake to help replenish essential nutrients, minerals and protein!
- Apply Hot Burning Gel daily, am and pm.
- Take your metabolic booster Green Coffee and/or lipoblast shake daily for faster and more effective results!!!



Discover the secret...
Experience a treatment today!



www.skino2.com.au



SUPERBODY i-BLANKET



Burning fat has never been so hot!

Inch Loss
Safe
Non-surgical
Clinically proven
No downtime

SKIN O₂
Secrets to a superbody...

Product features

- Inch Loss - burns approximately 600+ calories in 30 minutes
- Helps improve Blood Circulation so may help reduce Blood pressure – see your Doctor for medical advice
- Improves skin quality and cleanses impurities
- Real instant and ongoing inch loss results that can contribute to material weight loss over a period of time

How does it work?

It might feel like just a 20-30 min session relaxing in a warm blanket, but it can help detoxify toxins stored in fat cells, promoting circulation and sweating out toxic substances at the cellular level. Superbody Infrared is light that cannot be seen by the human eye. The i-Blanket has the property of vibrating the cells safely producing heat, detoxification and promoting sweating, furthermore promoting thermogenesis.

Dr Atia's superbody i-Blanket treatment utilizes far infrared rays (FIR) to heat the body from the inside out which helps promote fat burning and increase the metabolism within the fat cells as opposed to a typical sauna, which only heats the air around you. Combined with the use of his superbody metabolic boosters the results are amazing!!!!



Dr Atia's Superbody
Infrared Inchloss i-Blanket

How does it feel and what are the results?

"Using this product now for approximately three weeks, I can say that the i-Blanket works very well. You will definitely sweat and you will feel like you've had a deep cleansing at the end of a 20-30 min session.

You will also have the feeling of a vigorous workout as your heart beats faster. Here, you get a cardiovascular workout that's similar to jogging 2.5 miles. You do lose inches and calories. The immediate inch loss is due mainly to water loss and will be regained immediately after replenishing the body with water. However, the calorie loss is very effective!!"

Douglas Taylor



Superbody Products

Other findings now reported

The FIR Thermal Energy Blanket is highly effective as a source of healing that may help to improve circulation, cardiovascular and immune systems.

More effective than a traditional sauna, the infrared heat penetration goes twice as deep, getting at toxins and cellulite that are trapped in pockets below the skin.

Additional benefits of i-Blanket

- Speeding up metabolism
- Preparing for a wedding or special event!
- Post pregnancy recovery
- Stretch mark reduction
- Revitalize and detoxify the body – perfect medi spa holiday treatment
- Tighten and rejuvenate skin – ready for summer season!
- Suitable for clients who have Arthritis, Fybromyalgia & Sports Injuries

Medical Considerations

Common sense dictates if you are on medications or have physical conditions, you should consult your physician before using any deep heating treatment such as FIR Thermal Energy Blanket.



Dr Atia

Burning fat has never been so hot!

Clinic procedure and what to expect

Prior to starting the session

1. Please recommend client to shower before and after the treatment (wear disposable underwear or swimwear if underwear is a concern).
2. Pre and post measurement of the client's targeted areas may be done. This will allow you to keep a record of your progress.
3. Consent form signed and check no contraindications.
4. Prepare 2 x towels (1 for client and 1 for wipe down of i-Blanket).
5. Glass or bottle of water for rehydration.

What to expect during the session

The i-Blanket Control will be turned on and let it warm up for 5-10 minutes before you lie down in your blanket on a treatment bed or spa room! You will feel a deep heat radiating from within as your body begins to expel waste and starts thermogenesis!

The i-Blanket contains multiple Infrared emitting points throughout its surface. The i-Blanket makes no noise but will slowly begin to send warming Infrared heat into your target areas.

During the session you may listen to relaxing music or simply lay there with the lights out and rest. Don't worry about falling asleep, many people do. It is very relaxing. Have a towel and water close by to rehydrate during your session if desired. After the session your body will continue to be at an elevated metabolic state and continue to burn calories for up to 48 hours.

So that your body does not become dehydrated you need to drink lots of water the same day of your treatment. This water consumption is important and will not take away from the benefits of your treatment! A light 20 min daily exercise or brisk walk along with a high protein diet is most effective!

Typically after 20-30 minutes you will begin to sweat. Most people will sweat a lot during the treatment, this is your body metabolizing calories and purging out toxins. If you feel uncomfortable for any reason, turn the unit down. After the session is over, get out of the i-Blanket and use a clean towel to wipe all of the perspiration (contains toxins) from your body so you don't reabsorb any of the toxins that have been released during the infrared sauna session.